

Voluntary Self-Screening Tool

This tool was created to support a healthy workforce, by encouraging employees to conduct a voluntary self-screen daily. Employees should review the screening questions and notify their supervisor before reporting to work if they answer ‘yes’ to any of the questions.

Daily Screening Questions	Response
<p>1. Are you experiencing any of the following symptoms?</p> <ul style="list-style-type: none"> • <i>Cough</i> • <i>Shortness of breath or difficulty breathing</i> • <i>Fever (100.4 °F or greater)</i> • <i>Chills</i> • <i>Muscle pain</i> • <i>Sore throat</i> • <i>New loss of taste or smell</i> <p><i>This is a list of common symptoms reported by the Center for Disease Control (CDC). This list does not include all possible symptoms.</i></p>	
<p>2. Are you caring for someone who is experiencing COVID-19 related symptoms?</p>	
<p>3. Have you been in close contact with someone who has been diagnosed with COVID-19 within the last two weeks?</p>	

Next Steps

If you answered ‘Yes’, please notify your supervisor _____, do not report to work and self-isolate. Employees experiencing symptoms should self-isolate until ALL three of the following are true:

- You have been fever free for at least 72 hours (three full days) without fever reducing medication.
- You have had an improvement in respiratory symptoms (e.g., cough, shortness of breath).
- It has been at least seven days since your symptoms first appeared,
or you have been tested for COVID-19 and had two negative tests in a row, at least 24 hours apart.

This self-screening tool is not a substitute for professional medical advice, diagnosis, or treatment. Always consult a medical professional for serious symptoms or emergencies. If you are experiencing severe or life-threatening symptoms, please call 911